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The 60 Second Procrastinator

Jeff Davidson

Do you feel like you want to give up on your "To-Do List" before you even start? Get 60 simple, effective, hands-on techniques you can use to dismantle obstacles and get things done. After only a few minutes with this book, you'll be spending less time obsessing and more time doing! 142 p. pb. Adams Media, 2004. \$9.95

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